

## Selected Resources

### The Wounds of War: The Church As A Healing Community

#### General Organizational Resources/Support

Re-integration/PTSD	<i>Hearts Toward Home International</i> , a non-profit providing support, counseling, training, education. Classes, materials, re-integration workshops/forums for military personnel (active duty and veterans) and their families after wartime Service. <a href="http://www.heartstowardhome.com">www.heartstowardhome.com</a>
Outreach to Vets and Families	<i>National BeFriender Ministry</i> . Contact Barb Schwery about partnering pastoral care with outreach to military families 952-767-0246 or <a href="mailto:barb@befrienderministry.org">barb@befrienderministry.org</a>
Care Team Ministry Supporting Families	<i>Presbyterian Health Network (PHN)</i> <a href="http://www.pcusa.org/phewa/phn.htm">www.pcusa.org/phewa/phn.htm</a> <a href="http://www.pcusa.org/peacemaking/iraq/remember.htm">www.pcusa.org/peacemaking/iraq/remember.htm</a>
Veterans Ministry	<i>Coming Home Collaborative</i> Amy Blumenshine 612-871-2967 <a href="mailto:listen tovets@comcast.net">listen tovets@comcast.net</a> (E-mail newsletter and updates on vets ministry events; Annotated bibliography of books, materials, online video/ audio clip
Pastoral Care Info	<i>Presbyterian Association of Specialized Pastoral Ministries (PASPM)</i> <a href="http://www.pcusa.org/phewa/paspm">www.pcusa.org/phewa/paspm</a> <a href="http://caringconnectionsonline.org">http://caringconnectionsonline.org</a> An Inter-Lutheran Online Journal for Practitioners and Teachers of Pastoral Care and Counseling <a href="http://www.mpls-synod.org">www.mpls-synod.org</a> Click on "Healing Wounds of War" for additional links
Children/Youth Support	<a href="http://www.parenting.umn.edu/militaryKids/index.htm">http://www.parenting.umn.edu/militaryKids/index.htm</a> <a href="http://www.militarychild.org">www.militarychild.org</a> <a href="http://www.operationmilitarykids.org">www.operationmilitarykids.org</a> <a href="http://www.k12.wa.us/operationmilitarykids">http://www.k12.wa.us/operationmilitarykids</a>
Active Duty Military	<i>Military One Source</i> . Highly trained and caring consultants provide information, referrals and support to active duty service members and their families. Free/private 24/7 1-800-342-9647 <a href="http://www.militaryonesource.com">www.militaryonesource.com</a>
Presbyterian Military Chaplains	<i>Presbyterian Council For Chaplains and Military Personnel</i> Edward Brogan, Director. <a href="http://www.pccmp.org">www.pccmp.org</a> 202-244-4177
Post-traumatic Stress Disorder: Worship Resources and Educational Information	<i>Calvin Institute of Christian Worship:</i> Resources especially for those who suffer from PTSD (Psalms for Those Under Stress, Prayers for Use for Those Who Are Hurting, Devotional Books) <a href="http://www.calvin.edu/worship/resources/ptsd/psalms.php">http://www.calvin.edu/worship/resources/ptsd/psalms.php</a> PTSD Prayer Request List <a href="http://www.calvin.edu/worship/resources/ptsd/prayer.php">http://www.calvin.edu/worship/resources/ptsd/prayer.php</a>

PTSD and Veterans: Suggestions for Pastors

<http://www.calvin.edu/worship/resources/ptsd/pastors.php>

Vital Worship Feature Stories: Becoming a Veteran-friendly Church:  
Pacifists Can Do This Too.

<http://www.calvin.edu/worship/stories/veterans.php?source=hiliter>

## **Selected Articles**

*Presbyterians Today*

Recent articles:

Jan/Feb 2010 in the News Section (pg 31) "...Congregations urged to pray and care for soldiers and their families (Ft Hood Shootings)"

December 2009 (pp 18-20) "Healing Music, A Chaplain Discovers Spiritual Benefits in the Ancient Art of Harp Playing"

July/Aug 2009 (pg 8) Spotlight Section. "Prayer Shawls for Iraq Families. Chaplain carries handmade gifts....."

November 2008 (pp 14-18). "Taking the Word to the War Zone"

Tom Williams

"Ministry on the Homefront: Milwaukee Presbytery explores outreach to soldiers, veterans, and their families"

<http://www.pcusa.org/pcnews/2008/08381.htm>

Ken Moe

2005 paper as Executive Presbyter's Report to the Presbytery of the Grand Canyon on the topic of church's ministry to veterans

<http://www.pcusa.org/peacemaking/iraq/ravageswar.pdf>

Mark Koenig

Blog of 9/15/08 that includes information about weekend workshops for veterans.

<http://presbyterian.typepad.com/peacemaking/2008/09/caring-for-vete.html>

Hershel Don Yancey

"Ministry to Military Families in Our Communities: Caring for Those Who Keep Us Free"

<http://www.pcusa.org/ministers/militarytomilitary.htm>

Washington State  
Family Policy Council

"Welcome Home! How to Make a Difference in the Lives of Returning War Zone Veterans" (Article about 3 Levels of Transition, Helping Whole Families, Understanding PTSD in the Family, Strategies for Family, Friends and Neighbors, Employees, Clergy and Faith Leaders, Lawyers and Judges, Fellow Veterans, Educators, Health Care Providers, Social Service Providers, Media, and First Responders, Government Responsibilities, 8 Battlefield Skills That Make Life in the Civilian World Challenging.

[www.fpc.wa.gov](http://www.fpc.wa.gov) ( Publications menu then Education)1-360-902-7880

## **Selected Book/DVD Resources**

*Welcome Them Home, Help Them Heal...Pastoral care and ministry with service members returning from war*, (May 2009) John Sippola, Chaplain, LTC Ret. MDiv, Amy Blumenshine, MSW,MA, Donald Tubesing, Ph.D., MDiv, Valerie Yancey, Ph.D..RN . Order from [www.welcomethemhomebook.com](http://www.welcomethemhomebook.com)

*Down Range to Iraq and Back.* Bridget C. Cantrell, Ph.D. and Chuck Dean. (2005) Over ½ million in print. A book dedicated to addressing the challenges of reintegration from combatant to civilian. Hearts Toward Home International. 1-360-714-1525 or [www.heartstowardhome.com](http://www.heartstowardhome.com)

*Once A Warrior Wired For Life.* Bridget Cantrell, Ph.D. and Chuck Dean. (2007). Turning negatives into positives helping military personnel utilize their potential in achieving success/happiness after discharge. Hearts Toward Home International 1-360-714-1525 [www.heartstowardhome.com](http://www.heartstowardhome.com)

*Souls Under Siege—The Effects of Multiple Troop Deployments- and How to Weather the Storm.* Bridget C. Cantrell, Ph.D.. (2008). Helping military personnel and their loved ones find ways to survive, support and encourage those living with pressures of multiple deployment in war zones...awareness of issues and finding tools for relief. Hearts Toward Home International 1-360-714-1525 [www.heartstowardhome.com](http://www.heartstowardhome.com)

*Courage After Fire- Coping Strategies for Troops Returning from Iraq and Afghanistan and Their Families.* (2006) Keith Armstrong, LCSW, Suzanne Best, Ph.D., Paula Domenici, Ph.D. Extraordinary toolbox of useful insights and coping exercises to help men and women returning from Iraq and Afghanistan rebuild their lives. ISBN-10:1-56975-513-2

*Surviving Deployment...A Guide for Military Families.* (2003) Karen M Pavlicin. ISBN 0-9657483-6-7 51995 <http://www.survivingdeployment.com>  
Available from [www.MilitaryFamilyBooks.com](http://www.MilitaryFamilyBooks.com)

*Life After Deployment...Military Families Share Reunion Stories and Advice.* Karen M. Pavlicin. (2007) ISBN 978-0-9657483-7-7 51495 <http://www.lifeafterdeployment.com> Available from [www.MilitaryFamilyBooks.com](http://www.MilitaryFamilyBooks.com)

*When Duty Calls: A Guide to Equip Active Duty, Guard, and Reserve Personnel and Their Loved Ones For Military Separations.* (2001) Carol Vandesteeg (Enumclaw, WA:WinePress Publishing ) Practical advice for nearly every situation a military family faces. Sections on “reunion” and “Some Don’t Return” are particularly helpful for those who must deal with the trauma of military service.

*War Trauma: Lessons Unlearned from Vietnam and Iraq.* Raymond Monsour Scurfield (Algora Publishing 2008). The author, a veteran and social work professor, devotes a chapter to “The Return Home and Ricochet Effect on the Family.”

*Coming Home A Guide for Spouses of Service members Returning from Mobilization/Deployment* Available from the Department of the Army, Office of the Chief of Chaplains, 2700 Army Pentagon, Washington D.C. 20310-2700

*A Call to Prayer for a Nation at War: Prayers of Blessing and Protection for Those Who Serve* (Lakeland, FL: White Stone Books, 2003). More than 40 meaningful prayers are provided for a variety of circumstances.

*Coming Home: Supporting Your Soldier.* (DVD or VHS) Produced by Twin Cities Public Television and NAMI Minnesota (National Alliance on Mental Illness- MN). Order from [www.namimn.org](http://www.namimn.org) or 651-645-2948