



Ending Violence Against Women and Girls—Suggestions for Action

What can you do to end violence against women and girls?

- Observe [International Day for the Elimination of Violence Against Women](#), November 25.
- Take action on each of the **16 Days of Activism to End Violence Against Women**, November 25–December 10.
- Participate in PW’s observance of Orange Days. Wear orange on the 25th of each month (order orange PW shirts from www.pcusa.org/store). Learn more at www.un.org/en/women/endviolence.
- Access and use Presbyterians Against Domestic Violence Network’s (PADVN) resources.
- Ask U.S. lawmakers to ratify the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW). Order postcards from www.pcusa.org/store.
- Join [Cities for CEDAW](#); attend webinars on starting a coalition in your city. Also see www.citiesforcedaw.org.
- Join www.congoswim.org.
- [Download](#) *Men in the Mirror* and start a study of men’s role in changing attitudes and behaviors.
- Contact your local women’s shelter and respond to their needs.
- Learn about “broken silence” in the congregation at [IMA World Health’s website](#).
- Pledge at www.wewillspeakout.org.
- Ring the bell. In India, when a person hears the sounds of domestic violence, they are asked to ring their neighbor’s doorbell. This interrupts the action, gives a chance for calming down, makes rescue possible and encourages the perpetrator to rethink his actions. Learn more at <http://breakthrough.tv/ringthebell>.
- Join www.onebillionrising.org.
- See *Created in God’s Image: From Hegemony to Partnership*, from the World Council of Churches and World Communion of Reformed Churches.
- Organize a discussion in your community on issues of violence and discrimination against women and girls.
- Plan a worship service with an “ending violence against women” theme. Including a Minute for Mission on the campaign to end violence against women and girls, and provide orange ribbons to each member of the congregation to be worn during worship (a basket in the narthex is a good way to distribute them).
- Support organizations that are working to end violence against women, and organizations that are working with women who have been victims of violence. Giving to Presbyterian Women’s Thank Offering and Birthday Offerings is a great way to do that. For example, Blue Corn Mothers Alliance in Albuquerque, New Mexico, received a major grant from the 2014 Birthday Offering. Blue Corn Mothers Alliance provides services for Native American women who have experienced domestic violence. Learn more on PW’s Giving and Funding [web pages](#).
- Work to raise awareness of and bring an end to human trafficking, one of the most egregious forms of violence against women.